

Community Highlights 2019

We're renovating to better serve your needs

As our community continued to grow this year, we kept up the pace by investing in our campus. In 2019, we focused on advancing technology and further improving care for patients at Methodist Dallas Medical Center. We opened new facilities to provide specialized and comprehensive care and brought in new technologies and services. We're excited to share our expansions.

NEW TECHNOLOGIES AND SERVICES

- **SPECT/CT** — Our new advanced, noninvasive single photon emission computed tomography (SPECT) and CT imaging system allows for minimal radiation dose exposure while screening patients faster than before.
- **3D mammography system** — Our women's imaging center has acquired a second Hologic 3Dimensions mammography system. 3D mammography has a 40% better detection rate compared with digital mammography and a lower false-positive rate.
- **da Vinci Xi® surgical system** — As a designated Epicenter for robotic surgery, the medical staff at Methodist Dallas performs a high level of complex surgeries. With the addition of a fourth da Vinci Xi system we'll be able to perform more of these minimally invasive surgeries, which means shorter hospital stays and faster recovery times for our patients.
- **Drug take-back boxes** — As part of Methodist Health System's initiative to battle the opioid crisis, Methodist Dallas was the first large hospital in the city to install drug take-back boxes. While most retail pharmacies charge consumers to properly dispose of medications, Methodist Dallas' take-back program is free. The boxes are located in the Emergency Department as well as the new retail pharmacy in the main lobby.

Located on the newly remodeled ninth floor of Schenkel Tower, the new **Sammons Geriatric Trauma Unit** opened on June 4. The unit is designed to better serve the specific needs of a growing, aging population.



Methodist Health System opened a new, wholly owned retail pharmacy in the main lobby of Methodist Dallas on April 17. The new **Methodist Community Pharmacy** also works to lower the cost of medications to all patients by leveraging health system discounts and patient assistance programs.



The new **John R. Ford Family Gastrointestinal Laboratory and Advanced Endoscopy Center** opened its doors May 20. The center features two, high-tech fluoroscopy procedure rooms



that have all new equipment. The center also has six preoperative rooms with private bathrooms, recovery areas, and a spacious reception area.

Methodist Dallas achieved the coveted **Magnet® designation** from the American Nurses Credentialing Center (ANCC) on July 29. Hospital leaders gathered with more than 300 nurses, physicians, and community members to hear the great news from the ANCC via a phone call. Fewer than 10% of hospitals worldwide have achieved this level of success and recognition.



FORMER DALLAS MAYOR MIKE RAWLINGS RECEIVES 2019 FOLSOM AWARD

Methodist Health System Foundation presented its 2019 Robert S. Folsom Leadership Award to former Dallas Mayor Mike Rawlings. A formal dinner and celebration in Rawlings' honor raised \$1.5 million to build a new, specialized floor for patients of The Transplant and Advanced Surgery Progressive Care Unit at Methodist Dallas Medical Center.



Proud to work for **community wellness**

We're improving the health of our community with these initiatives:

- **Faith Community Nursing** —

Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.

- **Methodist Generations** — This

program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.

- **Mobile mammography** — Methodist's mobile mammography unit provided breast cancer screenings to 4,714 women this year, including 2,047 in the Methodist Dallas Medical Center service area.

- **Diabetes 101** — This is a monthly diabetes education class taught by a nurse educator who discusses disease basics, management, and treatment. The class is free and open to the public. Attendees receive a healthy lunch at no cost.

- **Methodist Alliance for Patients and Physicians (MAP2)** — Through coordinated care, this accountable care

organization (ACO) improves and saves the lives of more than 85,000 people.

These patients have seen improvement in health measures and lowered overall cost of care. For these efforts, MAP2 has achieved national recognition for the quality of care patients receive.

- **Life Shines Bright Pregnancy Program** — This program is

dedicated to helping women experience healthy pregnancies with the CenteringPregnancy® model of care.

- **MedAssist** — This program

provides vital bridge medications, 970 prescriptions in the past year, to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 56 prescriptions for free medications valued at \$487,640.

- **Pet therapy** — On a weekly basis, licensed dog therapy teams bring smiles and comfort to patients, visitors, and employees.

- **Volunteer services** — The volunteer services office supports its junior volunteers through the Future Nurse Intensive and College and Career Pathways programs. In 2019, the office awarded more than \$20,000 in scholarships to junior volunteers who are graduating high school seniors.

- **SANE program** — The Sexual Assault Nurse Examiner (SANE) program provides compassionate, confidential care and forensic examinations for sexual assault victims. This program includes rape kits and prophylaxis for sexually transmitted infections at no cost to patients. It is the first program of its kind in southern Dallas County.



Methodist Dallas encouraged community members to make a fresh start by participating in the Fit Fall Fun health festival in September. The event combined health screenings with live music and entertainment, plus a free lunch.



Methodist Dallas celebrated America's birthday by joining the Park Cities Rotary Club in an old-fashioned neighborhood parade and block party at Goar Park.



More than 100 children attended our "How to Make Your Own Terrarium" workshops during Oak Cliff Earth Day at Lake Cliff Park in April.

2019 SERVICE AND SUPPORT

We were proud to offer or sponsor these and other community events and organizations last year:

- Blues, Bandits, and BBQ Festival
- Dallas Mayor's Back to School Fair
- Dallas Parks Foundation
- Dallas Symphony Orchestra
- Dallas Youth Athletic Association
- Dash for the Beads Race
- Friends of Oak Cliff Parks
- Love in Motion
- Mothers' Milk Bank of North Texas
- North Oak Cliff Greenspace
- Oak Cliff Film Festival
- Park Cities Rotary Club
- Southern Gateway Public Green Deck Park
- Southwest Transplant Alliance
- Taste of Oak Cliff
- Trinity River Conservancy
- Twelve Hills Nature Center
- Well Community, a place of recovery from mental illness
- Women Texas Film Festival.



Methodist Health System and Methodist Dallas leaders, physicians on the medical staff, and long-time donors Nita and John Ford participate in the ribbon-cutting for the John R. Ford Family GI Laboratory and Advanced Endoscopy Center.

New facility brings you specialized digestive care

Methodist Dallas has long been recognized as a leader in digestive health, and we now have a new home that reflects that reputation. On June 27, Methodist Digestive Institute (MDI) opened the John R. Ford Family Gastrointestinal Lab and Advanced Endoscopy Center.

The new center boasts advanced imaging and endoscopic equipment, which require no external incision to access the digestive tract, for diagnosing and treating GI conditions and cancers. In addition, the specialty unit includes spacious reception, procedure, and recovery areas.

"These facilities are a complete transformation and will make our staff and patients much more comfortable," says Paul Tarnasky, MD, FACG, medical director at MDI.

IMPROVING HEALTHCARE QUALITY WITH EVIDENCE-BASED MEDICINE

MDI at Methodist Dallas is one of Methodist Health System's Centers of Excellence because of the exceptional patient care and groundbreaking research being done by the team. In the past five years, the team has published 23 research papers in peer-reviewed medical journals.

Most recently, Dr. Tarnasky and Prashant Kedia, MD, medical director of interventional endoscopy, together with colleagues at Methodist and other research hospitals across the country, received national recognition in the *American Journal of Gastroenterology* for their contributions to the GI field in the area of acute pancreatitis.

Using research-based evidence from current literature and clinical expertise accumulated from patient care experiences, the group created a national standard of effective medical care for the management of pancreatitis with the end goal of improving mortality rates.

In addition to their research and patient care, Drs. Tarnasky and Kedia also teach GI fellows from around the country in a three-year fellowship program and organize an annual national GI symposium in Dallas that brings together renowned physicians to share the most up-to-date information about gastroenterology.



The 2018 GI symposium included panel discussions, case study presentations, and lectures by invited faculty from universities across the nation, as well as MDI.

CARE YOU CAN TRUST

Here are some of the accolades we've received this past year:

Methodist Health System

- Named one of the Healthcare Diversity Council's Top 3 Healthcare Diversity Organizations in the nation
- 2020 Military Friendly® Employers list
- Honored as Frontline Healthcare Worker Champion
- All four wholly owned hospitals have received the highest rating possible by the independent hospital watchdog The Leapfrog Group® for the second time back-to-back
- For the fifth year in a row, Methodist Health System has received the Buy Those That Buy Us™ Best Practice Award. The award is given by the DFW Minority Supplier Development Council.

Methodist Dallas

- Magnet® designation from the American Nurses Credentialing Center
- Designated Epicenter for Robotic Surgery by Intuitive Surgical
- Continued certification as a Level I Trauma Center by the American College of Surgeons, one of three in Dallas County and the only one in southern Dallas
- Top Hospital Safety Score of A from The Leapfrog Group®
- Robert A. Warriner II Center of Excellence Award for Methodist Dallas Wound Care and Hyperbaric Center
- Continued certification as Comprehensive Stroke Center by DNV GL Healthcare, first and only hospital in southern Dallas
- American College of Surgeons Commission on Cancer accreditation with commendation
- Get With The Guidelines® Target: Stroke Honor Roll Elite Gold Plus Quality Achievement Award from the American Heart Association/American Stroke Association's
- Mission: Lifeline® STEMI Receiving Silver Quality Achievement Award from the American Heart Association.

NUMBERS TO KNOW

10,519

The number of people Methodist Health System **employed throughout the Metroplex** in 2019.



2,910

The number of **people employed by Methodist Dallas Medical Center** in 2019



439

The number of **people who live in the Oak Cliff neighborhood**

** These are some of the ZIP codes: 75208, 75203, 75211, 75236, 75237, 75233, 75224, 75232 and 75216.



\$170.3 million

How much Methodist Health System provided in **unreimbursed charity care** in fiscal year 2019



\$1.5 billion

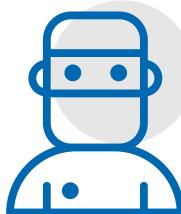
Methodist Health System's 2019 economic impact, including from **income and benefits provided for employees**

5

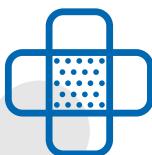
The number of years Methodist Health System has been part of the **Mayo Clinic Care Network**.

Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care unmatched in this marketplace.

71



Number of physician residents and fellows who trained at Methodist Dallas in 2019



16

The **number of consecutive years** that Methodist Health System has been named among the **Best Places to Work** by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the eighth year running.



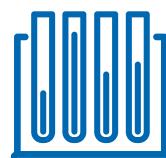
461

Number of volunteers at Methodist Dallas in 2019



267

Clinical trials that Methodist Dallas conducted/participated in 2019



ADVISORY BOARD

Front row, from left: Janie Means Gilmore, Dr. Elba Garcia, Delia Jasso, Bobby Abtahi, Linda Young, Glenn Bodinson, Dr. Darrell Thigpen, Brenda Jackson. Back row, from left: Ben Houston, chair; Dr. Andy Stoker, chair-elect; Dr. Henry Jefferson; John Phillips; Kirk Wiginton; Terrence Maiden.
Not pictured: Jim Fite, Rev. Larry George, Yon Jorden, Alan Walne.

WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Dallas Black Chamber of Commerce
- Dallas Regional Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Oak Cliff Chamber of Commerce.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at **214-947-4555** or visit MethodistHealthSystem.org/Foundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP2) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP2 are independently practicing practitioners and are not employees or agents of MAP2, Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

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